



# Melissa Adams

## Newborn Care Specialist

Newborn care specialist with four years of experience supporting families in first-year infant care. Proficient in feeding schedules, swaddling, and parental coaching.

### CONTACT



(123) 456-7890



email@example.com



LinkedIn | Portfolio



City, ST 12345

### KEY SKILLS

- Feeding schedule design
- Sleep coaching
- Swaddling techniques
- Parental education
- Log maintenance

### PROFESSIONAL EXPERIENCE

NEWBORN CARE SPECIALIST | PRIVATE CLIENTS, CITY, ST  
JANUARY 2019 – PRESENT

- Establish feeding and sleep schedules that increased parental rest by 40%
- Teach swaddling and soothing techniques, reducing infant fussiness by 35%
- Maintain detailed logs of feeding, sleep, and diaper changes for pediatric review

POSTNATAL SUPPORT ASSISTANT | BABY BLISS CENTER, CITY, ST  
JULY 2017 – DECEMBER 2018

- Provided in-clinic support and hands-on demonstrations for new parents
- Coordinated lactation-consultant appointments and follow-up